

START

CHOKING INFANT (0-1 yr) INSTRUCTIONS

BRING the BABY to the PHONE!

Is the baby **CONSCIOUS**?

NO **YES**

Is the baby able to **CRY** or **COUGH**?

NO **YES**



Roll the baby over on it's side and check for breathing until help takes over.

PROMPT:

If the event is **NOT WITNESSED** and the infant is **UNCONSCIOUS**: Go to **CPR INFANT**.

Listen carefully. I'll tell you what to do next.

Remove any clothing from the baby's chest, then **PICK UP** the baby.

Do that, and come back to the phone. If I am not here, **STAY ON THE LINE**.

Turn the baby **FACE DOWN** on your forearm, **SUPPORT** the baby's **JAW** in your **HAND**.

Lower your arm onto your thigh so that the baby's head is **LOWER** than its chest.

Use the **HEEL** of your other **HAND** to strike the **BACK 5 times FIRMLY**, right between the shoulder blades. Do that, and come back to the phone.

SANDWICH the baby between your forearms, **SUPPORT** the head, then turn the baby onto its back.

Put your **INDEX AND MIDDLE FINGERS** directly **BETWEEN** the baby's **NIPPLES**.

Push down $\frac{1}{2}$ to 1 inch, do it **5 TIMES**. (1-2-3-4-5). Do that, and come back to the phone.

Baby becomes unconscious.

Object dislodged.

Still conscious and choking, repeat sequence.

(Cont.)



